



Goodwood Preschool



Philosophy Statement

At Goodwood Preschool we are passionate about nurturing a strong sense of belonging and wellbeing for every child. We foster a love of learning through play and discovery within a safe, supportive environment. We encourage all children to be active participants in their learning, and be engaged in an inclusive and responsive play-based program, inspired by each child's needs, interests and wonderings.

We provide a range of opportunities and experiences that support the development of a growth mindset and positive learning dispositions, such as emotional and social resilience, independence, problem solving, enthusiasm, curiosity, imagination, creativity, persistence, confidence and cooperation. Children are encouraged to reflect on their learning and build on their experiences through hands-on inquiry, and thoughtful questioning by educators, to stretch their thinking and challenge their ideas.

We value and respect diversity and equality. We acknowledge and respect the Kurna people, and the Kurna land on which we play and learn on every day. We believe that children's wellbeing and learning reaches its potential when we develop strong, positive partnerships with families and communities. We celebrate the individuality of all families, and encourage their involvement within our preschool. We actively seek the participation of community members in ways that support children's learning and link to their growing understanding of their world.

We understand and appreciate the importance of a smooth and supported transition from home to preschool, and preschool to school. We have the unique advantage of being on site with the Goodwood Primary School, enabling us the use of school spaces and experiences, providing familiarity and confidence within the school environment. We continually reflect and collaborate with the school community to provide continuity of learning and a successful transition to school.

Educators at Goodwood Preschool work as a supportive, cohesive team, with a strong emphasis on collaboration, ongoing improvement, critical reflection and professional development.

Welcome

Welcome to Goodwood Preschool! This is both an exciting and anxious time for many children and their families as they transition into the educational journey through Preschool. As your child's first teacher, we look forward to engaging with you as we work collaboratively to explore alongside your child in their Preschool year. Preschool is extremely important in creating a strong foundation for each child's learning, self and social awareness. Within this booklet you will find information to support you as you embark on this journey.



Session Times

All children are entitled to attend Preschool for 15 hours each week. At Goodwood Preschool, this is averaged out to 30 hours per fortnight, with the children attending Preschool two full days each week from 8:30am to 3:15pm and one half day every second Friday morning, from 8:30am to 11:30am. Group 1 children attend Preschool Monday/Tuesday and Friday mornings of the odd weeks. Group 2 children attend Wednesday/Thursday and Friday mornings of the even weeks.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FROM	8.30am	8.30am	8.30am	8.30am	8.30am
TO	3.15pm	3.15pm	3.15pm	3.15pm	11.30am

Teaching and Learning

Goodwood Preschool

Achievement, Fairness, Respect



Flexible Daily Timetable

Monday to Thursday 8.30 – 3.15	
8.30	Children arrive – inside play
9.00	Inside or outside play
9.30	Group time - sunscreen when UV is 3 or above, wash hands
9.45	Healthy Snack
10.10	Inside or outside play
11.45	Group Time – wash hands
12.00	Lunch
12.30	Inside play
12.55	Sunscreen when UV is 3 or above, wash hands
1.00	Inside or outside play
2.10	Snack time (Optional)
2.40	Pack up/Reset
2.55	Reflection and sharing
3.15	Home time

Friday 8.30 – 11.30	
8.30	Children arrive – inside play
9.00	Inside or outside play
9.30	Group time - sunscreen when UV is 3 or above, wash hands
9.45	Healthy Snack
10.10	Inside or outside play
11.00	Pack up/Reset
11.20	Reflection and sharing
11.30	Home time

Flexible timetable

Throughout the day the children are supported through the establishment of a routine that fits within a flexible timetable. A child's 'core business' is to play, which is what the children do for the majority of the day. Within the day, there are also group times where teachers engage the children in specific concepts and content to extend their learning and build onto their understanding.

Zones of Regulation

Across the whole Goodwood Primary School site, the children are supported with their social and emotional development through using the Zones of Regulation. Through the scheduled group learning times, we use explicit instruction to teach the children in relation to feelings, emotions and regulation. Throughout the course of the day, we encourage the children to do 'self-checks' to build understanding as to how they are feeling, how this can change throughout the day and how certain events can alter the zone we are in.

The **ZONES** of Regulation™

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Relaxed	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control

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Literacy and Numeracy



Sitting alongside our focus on the Zones of Regulation, we also utilise group times to introduce specific concepts and content in relation to Literacy and Numeracy. These concepts are then able to be explored by the children within their play and learning experiences.

Routines

In the mornings, the gates are unlocked at 8.30am. You can access the Preschool through either the front gate on Surrey Street, or there is a gate at the back of the Preschool that is accessed through the school yard. In the afternoons the gates are unlocked at approximately 2.45pm. If you are needing to access the Preschool during the day, there is a doorbell located on the front gate. Alternatively you can phone the Preschool to notify us that you need access. For the safety of the children, please make sure that you are only letting your child exit with you when you leave and that the gate is securely closed behind you.

Once in the yard in the mornings, please sign your child in. The attendance sheet is on the lectern by the main entrance into the Preschool. Within the vicinity of the lectern are bag hooks and lockers. Please support your child to find a place for their bag as it is important that they know where it is so that they can access it during the day. Before entering the Preschool, we ask the children to wash their hands. The bathroom at the Preschool is purpose built for young children, with toilets and sinks that are at their height. We encourage the children to self-manage this to be independent, and also need to be mindful that other children may be using the toilets.



Once in the Preschool learning space, the children have an opportunity to write their name and to head to the Zones of Regulation board to place their photo within the zone that is resonating with them. We encourage families to support their child to settle into the room before they say goodbye and head off for the day. Separation can be tricky for some children and it is important that the children get to say goodbye so they can also build their understanding that you will be coming back.

Communication

Seesaw



The day to day life in Preschool is very busy and we strive to be as collaborative as possible. Outside of face to face conversations, the main platform that is used for communication is the app/web-based platform, Seesaw. This platform is used to post weekly bulletins, post group stories about specific learning that is taking place, post individual learning stories to show a child's journey as well as communicate on an individual level with families. To access the Preschool information as well as your child's learning journey, you will be provided with a code that you can use to sign up to Seesaw.

Communication Pocket

At times we need to provide you with paper copies such as letters or invoices. Each family will have a 'communication pocket' where these notices are placed. Sometimes we even place children's artwork or belongings in these pockets, so please make sure you check your pocket regularly.



Preschool Representative Committee

An opportunity for families to get involved in the life of the Preschool is through the Representative Committee. This committee meets once a term to pass on information to the Preschool Leader from the parent body, plan opportunities for the 2 groups (children or parents) to connect through social opportunities and one person is voted on to the School's Governing Council. Reps organise a WhatsApp group for families to communicate through.

Absences

To support staff with planning, and adequate supervision of children, please inform us if your child is going to be away. If your child is unwell, we ask that you please refrain from sending them to Preschool.



Health and Wellbeing



Food

Providing your child with a nutritious lunch box will support them with getting the sustenance they need to get them through the busy Preschool days. We have 3 scheduled times where children pause in their play to eat and involves a 'healthy' snack, lunch and afternoon snack. Sometimes children are hungrier than they would normally be at home, so you are welcome to send any additional items that will support your child to manage their bodies. It is important to be aware that we have some children on site with severe allergies and ask that you do not pack any food items that contain nuts. Throughout the day, we support the children to drink water, please send a water filled bottle everyday.



Clothing

Preschool days are very busy and children need to be in clothes that support them to manage the activities of the day. Their clothing needs to be sunsafe, for example all tops need to have sleeves, and they need to have appropriate shoes for playing, running, climbing, sandplay and many other opportunities.



Sometimes children have toileting 'accidents' or get mucky in their play, requiring them to need to change. Please make sure they have a spare set of clothes, and a plastic bag for soiled clothes to be put in, in their Preschool bag. Please make sure that all clothes are clearly named.

Policies

To support the health, safety and wellbeing of all children there are a number of policies and guidelines we engage with. Many of these policies can be located on our website. These policies and others are also available for your perusal and can be accessed through Preschool staff.



Goodwood Primary School Facilities

School Office

As a school based Preschool there are some aspects that are managed by staff in the front office of the school. Preschool fees are handled by the school Business Manager. Invoices are sent out once your child commences Preschool. The current cost is \$220 per term, and generally speaking, there is a slight increase in fees each year. All payments are made through the Qkr App.



OSHC

To support families with care for children outside of the Preschool hours, on the days they attend, Preschool children can access OSHC. OSHC provide before and after school care daily, a Vacation Care program during the holidays and care on Student Free Days. OSHC staff take the children to and pick them up from Preschool. OSHC is open 7am-9am (breakfast included) and 3.15pm-6pm (afternoon snack included). For information contact the OSHC Director on 8373 5302 or email:

goodwood.oshc627@schools.sa.edu.au

Library

Each fortnight we visit the school library where the children are able to read stories together and borrow a book to take home to share. Please organise a soft, named library bag for your child to use to protect the books in transit.



Canteen

Goodwood Primary School and Preschool has an on-site canteen, operating Tuesday-Friday, that can be utilised by Preschool families. All orders are made through Qkr.

Get in Touch

Working in collaboration is integral to the work we do. Please get in contact with the Preschool Leader, Karen Dickens, if you need to touch base.

Karen.Dickens798@schools.sa.edu.au

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